

Ergebnisliste Schüler C 0,1 - 2,5 - 0,4

| Platz | StartNr. | Name          | AK        | m/w | Verein | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|---------------|-----------|-----|--------|-------------|-------------|-------------|-------------|
| 1.    | 2        | Pauline Raatz | Schüler C | w   |        | 00:16:36.69 | 00:13:18.25 | 00:00:00.00 | 00:03:18.43 |

Ergebnisliste Schüler B 0,2 - 5 - 1

| Platz | StartNr. | Name            | AK        | m/w | Verein               | Gesamt      |
|-------|----------|-----------------|-----------|-----|----------------------|-------------|
| 1.    | 24       | Noah Krautwurst | Schüler B | m   | Tri-Geckos Dortmund  | 00:21:28.06 |
| 2.    | 22       | Julius Raatz    | Schüler B | m   |                      | 00:26:00.54 |
| 3.    | 23       | Mia Coenen      | Schüler B | w   | TV Lemgo             | 00:26:22.27 |
| 4.    | 20       | Logi Friedrichs | Schüler B | m   | mw1 Tri Team TG Lage | 00:28:22.81 |
| 5.    | 21       | Ole Heitmann    | Schüler B | m   |                      | 00:29:08.41 |
| 6.    | 25       | Neele Arndt     | Schüler B | w   | TG Lage              | 00:35:19.23 |

Ergebnisliste Schüler A/Jugend B 0,4 - 10 - 2,5

| Platz | StartNr. | Name              | AK        | m/w | Verein               | Gesamt      |
|-------|----------|-------------------|-----------|-----|----------------------|-------------|
| 1.    | 57       | Till Krautwurst   | Jugend B  | m   | Tri-Geckos Dortmund  | 00:37:31.29 |
| 2.    | 56       | Bennet Golomski   | Schüler A | m   | TV Lemgo             | 00:38:45.22 |
| 3.    | 50       | Tim Coenen        | Jugend B  | m   | TV Lemgo             | 00:39:05.53 |
| 4.    | 53       | Darya Sklyar      | Jugend B  | w   | mw1 Tri Team TG Lage | 00:41:45.52 |
| 5.    | 52       | Jonathan Fißmer   | Schüler A | m   | mw1 Tri Team TG Lage | 00:44:46.07 |
| 6.    | 59       | Marharyta Mohilei | Jugend B  | w   | TG Lage              | 00:45:15.09 |
| 7.    | 51       | Greta Wolff       | Schüler A | w   | mw1 Tri Team TG Lage | 00:48:48.66 |
| 8.    | 60       | Lotta Baruth      | Schüler A | w   |                      | 00:49:46.26 |
| 9.    | 58       | Melina Fechner    | Jugend B  | w   |                      | 00:54:11.56 |
| 10.   | 55       | Theresa Kubiak    | Schüler A | w   | mw1 Tri Team TG Lage | 01:04:05.66 |

Schüler A:

|    |    |                 |           |   |                      |             |
|----|----|-----------------|-----------|---|----------------------|-------------|
| 1. | 56 | Bennet Golomski | Schüler A | m | TV Lemgo             | 00:38:45.22 |
| 2. | 52 | Jonathan Fißmer | Schüler A | m | mw1 Tri Team TG Lage | 00:44:46.07 |
| 3. | 51 | Greta Wolff     | Schüler A | w | mw1 Tri Team TG Lage | 00:48:48.66 |
| 4. | 60 | Lotta Baruth    | Schüler A | w |                      | 00:49:46.26 |
| 5. | 55 | Theresa Kubiak  | Schüler A | w | mw1 Tri Team TG Lage | 01:04:05.66 |

Jugend B:

|    |    |                   |          |   |                      |             |
|----|----|-------------------|----------|---|----------------------|-------------|
| 1. | 57 | Till Krautwurst   | Jugend B | m | Tri-Geckos Dortmund  | 00:37:31.29 |
| 2. | 50 | Tim Coenen        | Jugend B | m | TV Lemgo             | 00:39:05.53 |
| 3. | 53 | Darya Sklyar      | Jugend B | w | mw1 Tri Team TG Lage | 00:41:45.52 |
| 4. | 59 | Marharyta Mohilei | Jugend B | w | TG Lage              | 00:45:15.09 |
| 5. | 58 | Melina Fechner    | Jugend B | w |                      | 00:54:11.56 |

Ergebnisliste Volkstriathlon Frauen 0,5 - 20 - 5

| Platz | StartNr. | Name                       | AK       | m/w | Verein                            | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|----------------------------|----------|-----|-----------------------------------|-------------|-------------|-------------|-------------|
| 1.    | 210      | Katjana Quest-Altrogge     | AK55     | w   | Krefelder Kanu Klub               | 01:07:37.00 | 00:00:00.00 | 00:00:00.00 | 01:07:37.00 |
| 2.    | 229      | Nina Grohmann              | AK20     | w   | RC Endspurt Herford               | 01:09:37.04 | 00:00:00.00 | 00:00:00.00 | 01:09:37.04 |
| 3.    | 223      | Jannika Jesse              | AK20     | w   | TV Lemgo                          | 01:09:46.54 | 00:00:00.00 | 00:00:00.00 | 01:09:46.54 |
| 4.    | 216      | Tessa Rölert               | AK30     | w   | TG Lage                           | 01:11:10.81 | 00:00:00.00 | 00:00:00.00 | 01:11:10.81 |
| 5.    | 230      | Beinke Bettina             | AK50     | w   | TG Ennigloh                       | 01:11:59.70 | 00:00:00.00 | 00:00:00.00 | 01:11:59.70 |
| 6.    | 234      | Katrin Scharley-Sorgenfrey | AK30     | w   | TG Lage                           | 01:13:14.80 | 00:00:00.00 | 00:00:00.00 | 01:13:14.80 |
| 7.    | 242      | Alexandra Dux              | AK40     | w   | LG Oerlinghausen                  | 01:13:17.19 | 00:00:00.00 | 00:00:00.00 | 01:13:17.19 |
| 8.    | 224      | Marie Gautier              | AK20     | w   | TSV Niederelsungen                | 01:15:15.82 | 00:00:00.00 | 00:00:00.00 | 01:15:15.82 |
| 9.    | 226      | Petra Brand                | AK50     | w   | SC Borchon                        | 01:15:50.95 | 00:50:16.16 | 00:00:00.00 | 00:25:34.79 |
| 10.   | 203      | Anja Lippert               | AK50     | w   |                                   | 01:16:00.82 | 00:00:00.00 | 00:00:00.00 | 01:16:00.82 |
| 11.   | 218      | Bentje Hillmer             | AK25     | w   |                                   | 01:16:05.72 | 00:00:00.00 | 00:00:00.00 | 01:16:05.72 |
| 12.   | 205      | Kim Nußbaum                | AK40     | w   | Fräulein Triathlon                | 01:17:07.34 | 00:00:00.00 | 00:00:00.00 | 01:17:07.34 |
| 13.   | 215      | Sarah Pohlmann             | AK35     | w   | TV Lemgo                          | 01:17:16.99 | 00:00:00.00 | 00:00:00.00 | 01:17:16.99 |
| 14.   | 206      | Iris Spangenberg           | AK50     | w   | TSV Niederelsungen                | 01:17:19.38 | 00:00:00.00 | 00:00:00.00 | 01:17:19.38 |
| 15.   | 112      | Sonja Dreiling             | AK50     | w   |                                   | 01:19:05.39 | 00:00:00.00 | 00:00:00.00 | 01:19:05.39 |
| 16.   | 212      | Marie Schwarz              | AK20     | w   | TSV Niederelsungen                | 01:19:50.97 | 00:00:00.00 | 00:00:00.00 | 01:19:50.97 |
| 17.   | 211      | Joana Quooß                | AK35     | w   |                                   | 01:20:58.02 | 00:00:00.00 | 00:00:00.00 | 01:20:58.02 |
| 18.   | 221      | Paula Pfefferkorn          | AK50     | w   | SV Gladbeck 13                    | 01:21:31.88 | 00:52:52.45 | 00:00:00.00 | 00:28:39.43 |
| 19.   | 232      | Anna-Lena Kortenbusch      | AK30     | w   |                                   | 01:22:33.11 | 00:55:14.41 | 00:00:00.00 | 00:27:18.70 |
| 20.   | 204      | Anna-Louise Dohme          | AK35     | w   |                                   | 01:23:04.40 | 00:00:00.00 | 00:00:00.00 | 01:23:04.40 |
| 21.   | 231      | Andrea Mense               | AK55     | w   |                                   | 01:24:37.11 | 00:00:00.00 | 00:00:00.00 | 01:24:37.11 |
| 22.   | 208      | Lisa Langerbein            | AK25     | w   | Tri-As Hamm                       | 01:24:59.59 | 00:00:00.00 | 00:00:00.00 | 01:24:59.59 |
| 23.   | 217      | Heike Eckhoff              | AK55     | w   | TV Lemgo                          | 01:25:15.51 | 00:14:01.15 | 00:00:00.00 | 01:11:14.36 |
| 24.   | 235      | Sonja Bessel               | AK40     | w   | SGE Exter                         | 01:25:47.34 | 00:15:19.47 | 00:00:00.00 | 01:10:27.87 |
| 25.   | 201      | Julia Fritze               | AK30     | w   | Sportfreunde Berlebeck-Heiligenki | 01:26:12.29 | 00:14:22.10 | 00:00:00.00 | 01:11:50.18 |
| 26.   | 246      | Michaela Könemann          | AK35     | w   |                                   | 01:26:19.59 | 00:54:00.08 | 00:00:00.00 | 00:32:19.50 |
| 27.   | 233      | Michaela Turow-Gaszczak    | AK55     | w   | SCW Liemke                        | 01:26:27.05 | 00:00:00.00 | 00:00:00.00 | 01:26:27.05 |
| 28.   | 241      | Anka Borchert              | AK30     | w   | Team Zoot Europe                  | 01:27:48.69 | 00:17:20.09 | 00:00:00.00 | 01:10:28.60 |
| 29.   | 225      | Martina Mollenhauer        | AK55     | w   | EAT, Tri-4-Fun                    | 01:28:09.31 | 00:00:00.00 | 00:00:00.00 | 01:28:09.31 |
| 30.   | 214      | Katja Jochim               | AK50     | w   | TV Lemgo                          | 01:28:48.33 | 00:00:00.00 | 00:00:00.00 | 01:28:48.33 |
| 31.   | 213      | Finja Krause               | Junioren | w   | mw1 Tri Team TG Lage              | 01:29:55.85 | 00:00:00.00 | 00:00:00.00 | 01:29:55.85 |
| 32.   | 227      | Sandra Wedeking            | AK35     | w   |                                   | 01:30:24.65 | 00:00:00.00 | 00:00:00.00 | 01:30:24.65 |
| 33.   | 237      | Melanie Dahlmeier          | AK35     | w   |                                   | 01:32:02.20 | 00:00:00.00 | 00:00:00.00 | 01:32:02.20 |
| 34.   | 209      | Karin Friedreich           | AK45     | w   | TSV Niederelsungen                | 01:32:55.26 | 01:02:32.39 | 00:00:00.00 | 00:30:22.87 |
| 35.   | 239      | Maike Baruth               | AK35     | w   |                                   | 01:34:36.06 | 00:00:00.00 | 00:00:00.00 | 01:34:36.06 |
| 36.   | 207      | Melanie Gassen             | AK50     | w   |                                   | 01:37:17.39 | 00:17:30.77 | 00:00:00.00 | 01:19:46.62 |
| 37.   | 200      | Rosalie Corazza            | AK50     | w   | Team Steinberg Coaching           | 01:38:01.92 | 00:00:00.00 | 00:00:00.00 | 01:38:01.92 |

Ergebnisliste Volkstriathlon Männer 0,5 - 20 - 5

| Platz | StartNr. | Name                  | AK       | m/w | Verein                          | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-----------------------|----------|-----|---------------------------------|-------------|-------------|-------------|-------------|
| 1.    | 106      | Clemens Coenen        | AK45     | m   | TV Lemgo                        | 00:56:57.82 | 00:09:10.00 | 00:00:00.00 | 00:47:47.82 |
| 2.    | 195      | Björn Ender           | AK35     | m   | ESV Eintracht Hameln            | 00:58:43.97 | 00:09:09.18 | 00:30:26.06 | 00:19:08.72 |
| 3.    | 130      | Leonhard Fenske       | AK40     | m   | RSV Gütersloh                   | 01:01:05.35 | 00:00:00.00 | 00:00:00.00 | 01:01:05.35 |
| 4.    | 175      | Thorben Rein          | AK35     | m   | Tri-Sport-Team TV Verl          | 01:01:46.38 | 00:00:00.00 | 00:00:00.00 | 01:01:46.38 |
| 5.    | 172      | Peter Pauls           | AK40     | m   | Buena Vista Fitnessclub         | 01:01:48.36 | 00:00:00.00 | 00:00:00.00 | 01:01:48.36 |
| 6.    | 168      | Peter Brandt          | AK55     | m   | Tri Sport Team TV Verl          | 01:01:55.11 | 00:00:00.00 | 00:00:00.00 | 01:01:55.11 |
| 7.    | 194      | Steffen Schmelzle     | AK35     | m   | Tri-Team SSV Ettlingen          | 01:03:26.99 | 00:10:23.46 | 00:00:00.00 | 00:53:03.52 |
| 8.    | 101      | Daniel Jürgens        | AK40     | m   | TV Einigkeit Langenberg         | 01:03:52.05 | 00:00:00.00 | 00:00:00.00 | 01:03:52.05 |
| 9.    | 141      | Sebastian Raatz       | AK40     | m   |                                 | 01:04:03.29 | 00:43:16.38 | 00:00:00.00 | 00:20:46.91 |
| 10.   | 150      | Niklas Brinkmeyer     | Jugend A | m   | mw1 Tri Team TG Lage            | 01:04:06.52 | 00:00:00.00 | 00:00:00.00 | 01:04:06.52 |
| 11.   | 160      | Marco Albert          | AK25     | m   |                                 | 01:04:18.12 | 00:42:51.34 | 00:00:00.00 | 00:21:26.77 |
| 12.   | 177      | Florian Bons          | AK40     | m   | Weserberglandrunners            | 01:04:53.66 | 00:00:00.00 | 00:00:00.00 | 01:04:53.66 |
| 13.   | 142      | Markus Winkelmann     | AK35     | m   | BSG Sparkasse Paderborn-Detmold | 01:05:12.67 | 00:00:00.00 | 00:00:00.00 | 01:05:12.67 |
| 14.   | 151      | Benedikt Fißmer       | Jugend A | m   | mw1 Tri Team TG Lage            | 01:05:29.22 | 00:00:00.00 | 00:00:00.00 | 01:05:29.22 |
| 15.   | 104      | Patrick Pollmeier     | AK30     | m   |                                 | 01:05:31.97 | 00:00:00.00 | 00:00:00.00 | 01:05:31.97 |
| 16.   | 182      | Kai Beinke            | AK45     | m   | TG Ennigloh                     | 01:05:33.46 | 00:00:00.00 | 00:00:00.00 | 01:05:33.46 |
| 17.   | 166      | Jens Schönbohm        | AK55     | m   | RC Endspurt Herford             | 01:07:08.06 | 00:00:00.00 | 00:00:00.00 | 01:07:08.06 |
| 18.   | 102      | Udo Bergmeier         | AK50     | m   | TV Einigkeit Langenberg         | 01:07:18.09 | 00:00:00.00 | 00:00:00.00 | 01:07:18.09 |
| 19.   | 145      | Jörn Führung          | AK50     | m   | TV lemgo                        | 01:07:23.32 | 00:00:00.00 | 00:00:00.00 | 01:07:23.32 |
| 20.   | 156      | Florian Altrogge      | AK35     | m   | Vamos Sport                     | 01:08:04.65 | 00:00:00.00 | 00:00:00.00 | 01:08:04.65 |
| 21.   | 185      | Toni Thenhausen       | AK30     | m   | 1. Tri Club Paderborn           | 01:08:45.60 | 00:00:00.00 | 00:00:00.00 | 01:08:45.60 |
| 22.   |          | Disqualifiziert       |          |     |                                 |             |             |             |             |
| 23.   | 152      | Thilo Meier           | Jugend A | m   | mw1 Tri Team TG Lage            | 01:09:06.96 | 00:00:00.00 | 00:00:00.00 | 01:09:06.96 |
| 24.   | 174      | Andreas Schuster      | AK65     | m   | 1. Tri Club Paderborn           | 01:09:15.58 | 00:00:00.00 | 00:00:00.00 | 01:09:15.58 |
| 25.   | 148      | Ansgar Krawinkel      | AK50     | m   | SSV Germania Wehrden eV         | 01:09:20.53 | 00:13:43.88 | 00:00:00.00 | 00:55:36.65 |
| 26.   | 186      | Sven Goldstein        | AK40     | m   |                                 | 01:09:56.46 | 00:13:56.99 | 00:00:00.00 | 00:55:59.47 |
| 27.   | 155      | Andreas Pusch         | AK55     | m   | SSG Marienau                    | 01:10:15.14 | 00:13:28.16 | 00:00:00.00 | 00:56:46.98 |
| 28.   | 158      | Jan Rademaker         | AK50     | m   | 1. Tri Club Paderborn           | 01:10:24.61 | 00:13:49.04 | 00:32:33.99 | 00:24:01.57 |
| 29.   | 146      | Bernhard Langerbein   | AK55     | m   | Tri-As Hamm                     | 01:10:29.77 | 00:11:49.66 | 00:00:00.00 | 00:58:40.11 |
| 30.   | 137      | Jan Franzen           | AK50     | m   |                                 | 01:10:32.46 | 00:00:00.00 | 00:00:00.00 | 01:10:32.46 |
| 31.   | 118      | Simon Strüßmann       | AK40     | m   | Team 4920                       | 01:10:58.51 | 00:12:07.00 | 00:30:54.67 | 00:27:56.83 |
| 32.   | 140      | Martin Heitmann       | AK35     | m   |                                 | 01:11:12.91 | 00:00:00.00 | 00:00:00.00 | 01:11:12.91 |
| 33.   | 161      | Yannic Marquardt      | AK30     | m   |                                 | 01:11:21.16 | 00:14:11.63 | 00:00:00.00 | 00:57:09.53 |
| 34.   | 123      | Christoph Martin      | AK50     | m   | Team 4920                       | 01:11:22.25 | 00:44:28.07 | 00:00:00.00 | 00:26:54.17 |
| 35.   | 179      | Daniel Immer          | AK40     | m   | TuS Lipperode                   | 01:11:34.27 | 00:48:19.74 | 00:00:00.00 | 00:23:14.53 |
| 36.   | 117      | Ingo Porath           | AK55     | m   | TuS Kachtenhausen               | 01:11:40.08 | 00:00:00.00 | 00:00:00.00 | 01:11:40.08 |
| 37.   | 138      | Markus Hellmann       | AK45     | m   |                                 | 01:11:42.21 | 00:11:38.16 | 00:00:00.00 | 01:00:04.05 |
| 38.   | 139      | Björn Klusmann        | AK45     | m   |                                 | 01:12:14.15 | 00:00:00.00 | 00:00:00.00 | 01:12:14.15 |
| 39.   | 126      | Guido Freitag         | AK45     | m   | Post TSV Detmold                | 01:12:31.01 | 00:48:18.89 | 00:00:00.00 | 00:24:12.11 |
| 40.   | 196      | Peer Gebert           | Junioren | m   | SSV Springe                     | 01:12:37.22 | 00:45:13.95 | 00:00:00.00 | 00:27:23.26 |
| 41.   | 159      | Abram Derksen         | AK50     | m   | VCAS                            | 01:12:47.78 | 00:00:00.00 | 00:00:00.00 | 01:12:47.78 |
| 42.   | 170      | Maik Kornalewski      | AK50     | m   |                                 | 01:13:05.39 | 00:00:00.00 | 00:00:00.00 | 01:13:05.39 |
| 43.   | 157      | Marlon Hillmann       | AK30     | m   | TV Lemgo                        | 01:13:33.13 | 00:00:00.00 | 00:00:00.00 | 01:13:33.13 |
| 44.   | 192      | Mario Stolzenberg     | AK45     | m   |                                 | 01:14:17.96 | 00:51:24.91 | 00:00:00.00 | 00:22:53.04 |
| 45.   | 165      | Fabian Fechner        | AK35     | m   |                                 | 01:14:21.45 | 00:00:00.00 | 00:00:00.00 | 01:14:21.45 |
| 46.   | 180      | Jason Coulthard       | AK50     | m   | LV Tri Star Oelde               | 01:14:25.95 | 00:13:13.51 | 00:34:40.80 | 00:26:31.62 |
| 47.   | 122      | Dirk Astroth          | AK55     | m   | LG Oerlinghausen                | 01:14:39.03 | 00:00:00.00 | 00:00:00.00 | 01:14:39.03 |
| 48.   | 176      | Boris Plumeyer-Köhler | AK35     | m   | SC Borchen                      | 01:14:42.32 | 00:14:32.50 | 00:36:02.65 | 00:24:07.16 |
| 49.   | 187      | Manfred Wittenbrock   | AK55     | m   | Tri-Sport-Team TV Verl          | 01:15:56.73 | 00:50:31.64 | 00:00:00.00 | 00:25:25.09 |
| 50.   | 135      | Matthias Ripke        | AK50     | m   | ITri                            | 01:16:01.86 | 00:00:00.00 | 00:00:00.00 | 01:16:01.86 |

|     |     |                      |      |   |                        |             |             |             |             |
|-----|-----|----------------------|------|---|------------------------|-------------|-------------|-------------|-------------|
| 51. | 113 | Jörg Brune           | AK50 | m | eatmorebananas         | 01:17:11.03 | 00:00:00.00 | 00:00:00.00 | 01:17:11.03 |
| 52. | 107 | Wolfgang Klein       | AK60 | m | Tri-Sport-Team TV Verl | 01:17:12.97 | 00:13:03.91 | 00:00:00.00 | 01:04:09.06 |
| 53. | 167 | Hubertus Kleine      | AK55 | m |                        | 01:17:17.34 | 00:00:00.00 | 00:00:00.00 | 01:17:17.34 |
| 54. | 131 | Boris Römer          | AK45 | m |                        | 01:17:40.29 | 00:00:00.00 | 00:00:00.00 | 01:17:40.29 |
| 55. | 193 | Christian Schnier    | AK55 | m | VFL Hiddesen           | 01:17:47.26 | 00:50:45.34 | 00:00:00.00 | 00:27:01.91 |
| 56. | 153 | Janis Katz           | AK35 | m |                        | 01:17:49.89 | 00:14:20.92 | 00:00:00.00 | 01:03:28.96 |
| 57. | 108 | Olaf Ohm             | AK50 | m | RC Endspurt Herford    | 01:17:53.68 | 00:00:00.00 | 00:00:00.00 | 01:17:53.68 |
| 58. | 189 | Tomasz Mryka         | AK40 | m | Team Zoot Europe       | 01:18:10.07 | 00:13:52.12 | 00:36:57.19 | 00:27:20.75 |
| 59. | 133 | Eric van der Heijden | AK60 | m | TSG Grünstadt          | 01:18:11.32 | 00:12:29.21 | 00:36:40.01 | 00:29:02.09 |
| 60. | 171 | Ralph Homeister      | AK65 | m | SV Gladbeck 13         | 01:18:59.38 | 00:00:00.00 | 00:00:00.00 | 01:18:59.38 |
| 61. | 105 | Franz-Josef Temme    | AK60 | m | Erdinger Active Team   | 01:19:10.54 | 00:15:37.74 | 00:00:00.00 | 01:03:32.80 |
| 62. | 188 | Ulrich Schumacher    | AK60 | m | Tri-Sport-Team TV Verl | 01:19:33.83 | 00:00:00.00 | 00:00:00.00 | 01:19:33.83 |
| 63. | 115 | Daniel Fritzemeier   | AK30 | m |                        | 01:20:04.36 | 00:00:00.00 | 00:00:00.00 | 01:20:04.36 |
| 64. | 144 | Dennis Bessel        | AK45 | m | SGE Exter              | 01:20:56.59 | 00:00:00.00 | 00:00:00.00 | 01:20:56.59 |
| 65. | 178 | Joachim Rubel        | AK70 | m | Erdinger Alkoholfrei   | 01:21:29.88 | 00:00:00.00 | 00:00:00.00 | 01:21:29.88 |
| 66. | 127 | Darius Wanoth        | AK35 | m | Teuto Runner           | 01:22:00.70 | 00:00:00.00 | 00:00:00.00 | 01:22:00.70 |
| 67. | 181 | Sebastian Austmann   | AK35 | m | TSVE                   | 01:22:55.19 | 00:00:00.00 | 00:00:00.00 | 01:22:55.19 |
| 68. | 169 | Guido Schneider      | AK55 | m | ITC                    | 01:23:15.16 | 00:00:00.00 | 00:00:00.00 | 01:23:15.16 |
| 69. | 197 | André Schenke        | AK45 | m | TV Reelkirchen         | 01:24:01.30 | 00:14:47.21 | 00:00:00.00 | 01:09:14.08 |
| 70. | 164 | Frank Graf           | AK60 | m | LTC Berlin             | 01:25:28.56 | 00:17:34.12 | 00:37:21.60 | 00:30:32.82 |
| 71. | 120 | Axel Krämer          | AK55 | m |                        | 01:25:43.28 | 00:15:19.97 | 00:39:24.14 | 00:30:59.15 |
| 72. | 119 | Kay Lockstedt        | AK45 | m |                        | 01:27:25.37 | 00:19:06.32 | 00:00:00.00 | 01:08:19.05 |
| 73. | 114 | Kröger Matthias      | AK45 | m | Tri&Beer               | 01:27:29.04 | 00:57:06.57 | 00:00:00.00 | 00:30:22.46 |
| 74. | 191 | Timothy Lambert      | AK35 | m |                        | 01:28:51.31 | 00:00:00.00 | 00:00:00.00 | 01:28:51.31 |
| 75. | 190 | Rüdiger Ziervogel    | AK60 | m | Tri Schlumpf Team      | 01:29:25.46 | 00:00:00.00 | 00:00:00.00 | 01:29:25.46 |
| 76. | 124 | Jürgen Pleuler       | AK65 | m | LG Oerlinghausen       | 01:31:58.35 | 00:00:00.00 | 00:00:00.00 | 01:31:58.35 |
| 77. | 132 | Jan Philip Heinrich  | AK35 | m |                        | 01:57:35.81 | 00:00:00.00 | 00:00:00.00 | 01:57:35.81 |
| DSQ | 128 | Ulrich Nikulla       | AK65 | m | TSVE 1890 Bielefeld    | 01:08:48.39 | 00:00:00.00 | 00:00:00.00 | 01:08:48.39 |

Ergebnisliste Volkstriathlon Altersklassen 0,5 - 20 - 5

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

Frauen:

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Jugend A:

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

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Junioren:

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

1. 213 Finja Krause Junioren w mw1 Tri Team TG Lage 01:29:55.85 00:00:00.00 00:00:00.00 01:29:55.85

AK20:

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

1. 229 Nina Grohmann AK20 w RC Endspurt Herford 01:09:37.04 00:00:00.00 00:00:00.00 01:09:37.04  
 2. 223 Jannika Jesse AK20 w TV Lemgo 01:09:46.54 00:00:00.00 00:00:00.00 01:09:46.54  
 3. 224 Marie Gautier AK20 w TSV Niederelsungen 01:15:15.82 00:00:00.00 00:00:00.00 01:15:15.82  
 4. 212 Marie Schwarz AK20 w TSV Niederelsungen 01:19:50.97 00:00:00.00 00:00:00.00 01:19:50.97

AK25:

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

1. 218 Bentje Hillmer AK25 w 01:16:05.72 00:00:00.00 00:00:00.00 01:16:05.72  
 2. 208 Lisa Langerbein AK25 w Tri-As Hamm 01:24:59.59 00:00:00.00 00:00:00.00 01:24:59.59

AK30:

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

1. 216 Tessa Rölert AK30 w TG Lage 01:11:10.81 00:00:00.00 00:00:00.00 01:11:10.81  
 2. 234 Katrin Scharley-Sorgenfrey AK30 w TG Lage 01:13:14.80 00:00:00.00 00:00:00.00 01:13:14.80  
 3. 232 Anna-Lena Kortenbusch AK30 w 01:22:33.11 00:55:14.41 00:00:00.00 00:27:18.70  
 4. 201 Julia Fritzemeier AK30 w Sportfreunde Berlebeck-Heiligenkirchen 01:26:12.29 00:14:22.10 00:00:00.00 01:11:50.18  
 5. 241 Anka Borchert AK30 w Team Zoot Europe 01:27:48.69 00:17:20.09 00:00:00.00 01:10:28.60

AK35:

Platz StartNr. Name AK m/w Verein Gesamt Swim Bike Run

1. 215 Sarah Pohlmann AK35 w TV Lemgo 01:17:16.99 00:00:00.00 00:00:00.00 01:17:16.99  
 2. 211 Joana Quooß AK35 w 01:20:58.02 00:00:00.00 00:00:00.00 01:20:58.02  
 3. 204 Anna-Louise Dohme AK35 w 01:23:04.40 00:00:00.00 00:00:00.00 01:23:04.40  
 4. 246 Michaela Könemann AK35 w 01:26:19.59 00:54:00.08 00:00:00.00 00:32:19.50  
 5. 227 Sandra Wedeking AK35 w 01:30:24.65 00:00:00.00 00:00:00.00 01:30:24.65  
 6. 237 Melanie Dahlmeier AK35 w 01:32:02.20 00:00:00.00 00:00:00.00 01:32:02.20  
 7. 239 Maike Baruth AK35 w 01:34:36.06 00:00:00.00 00:00:00.00 01:34:36.06

## AK40:

| Platz | StartNr. | Name          | AK   | m/w | Verein             | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|---------------|------|-----|--------------------|-------------|-------------|-------------|-------------|
| 1.    | 242      | Alexandra Dux | AK40 | w   | LG Oerlinghausen   | 01:13:17.19 | 00:00:00.00 | 00:00:00.00 | 01:13:17.19 |
| 2.    | 205      | Kim Nußbaum   | AK40 | w   | Fräulein Triathlon | 01:17:07.34 | 00:00:00.00 | 00:00:00.00 | 01:17:07.34 |
| 3.    | 235      | Sonja Bessel  | AK40 | w   | SGE Exter          | 01:25:47.34 | 00:15:19.47 | 00:00:00.00 | 01:10:27.87 |

## AK45:

| Platz | StartNr. | Name             | AK   | m/w | Verein             | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|------------------|------|-----|--------------------|-------------|-------------|-------------|-------------|
| 1.    | 209      | Karin Friedreich | AK45 | w   | TSV Niederelsungen | 01:32:55.26 | 01:02:32.39 | 00:00:00.00 | 00:30:22.87 |

## AK50:

| Platz | StartNr. | Name              | AK   | m/w | Verein                  | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-------------------|------|-----|-------------------------|-------------|-------------|-------------|-------------|
| 1.    | 230      | Beinke Bettina    | AK50 | w   | TG Ennigloh             | 01:11:59.70 | 00:00:00.00 | 00:00:00.00 | 01:11:59.70 |
| 2.    | 226      | Petra Brand       | AK50 | w   | SC Borchen              | 01:15:50.95 | 00:50:16.16 | 00:00:00.00 | 00:25:34.79 |
| 3.    | 203      | Anja Lippert      | AK50 | w   |                         | 01:16:00.82 | 00:00:00.00 | 00:00:00.00 | 01:16:00.82 |
| 4.    | 206      | Iris Spangenberg  | AK50 | w   | TSV Niederelsungen      | 01:17:19.38 | 00:00:00.00 | 00:00:00.00 | 01:17:19.38 |
| 5.    | 112      | Sonja Dreiling    | AK50 | w   |                         | 01:19:05.39 | 00:00:00.00 | 00:00:00.00 | 01:19:05.39 |
| 6.    | 221      | Paula Pfefferkorn | AK50 | w   | SV Gladbeck 13          | 01:21:31.88 | 00:52:52.45 | 00:00:00.00 | 00:28:39.43 |
| 7.    | 214      | Katja Jochim      | AK50 | w   | TV Lemgo                | 01:28:48.33 | 00:00:00.00 | 00:00:00.00 | 01:28:48.33 |
| 8.    | 207      | Melanie Gassen    | AK50 | w   |                         | 01:37:17.39 | 00:17:30.77 | 00:00:00.00 | 01:19:46.62 |
| 9.    | 200      | Rosalie Corazza   | AK50 | w   | Team Steinberg Coaching | 01:38:01.92 | 00:00:00.00 | 00:00:00.00 | 01:38:01.92 |

## AK55:

| Platz | StartNr. | Name                    | AK   | m/w | Verein              | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-------------------------|------|-----|---------------------|-------------|-------------|-------------|-------------|
| 1.    | 210      | Katjana Quest-Altrogge  | AK55 | w   | Krefelder Kanu Klub | 01:07:37.00 | 00:00:00.00 | 00:00:00.00 | 01:07:37.00 |
| 2.    | 231      | Andrea Mense            | AK55 | w   |                     | 01:24:37.11 | 00:00:00.00 | 00:00:00.00 | 01:24:37.11 |
| 3.    | 217      | Heike Eckhoff           | AK55 | w   | TV Lemgo            | 01:25:15.51 | 00:14:01.15 | 00:00:00.00 | 01:11:14.36 |
| 4.    | 233      | Michaela Turow-Gaszczak | AK55 | w   | SCW Liemke          | 01:26:27.05 | 00:00:00.00 | 00:00:00.00 | 01:26:27.05 |
| 5.    | 225      | Martina Mollenhauer     | AK55 | w   | EAT, Tri-4-Fun      | 01:28:09.31 | 00:00:00.00 | 00:00:00.00 | 01:28:09.31 |

## Männer

## Jugend A:

| Platz | StartNr. | Name              | AK       | m/w | Verein               | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-------------------|----------|-----|----------------------|-------------|-------------|-------------|-------------|
| 1.    | 150      | Niklas Brinkmeyer | Jugend A | m   | mw1 Tri Team TG Lage | 01:04:06.52 | 00:00:00.00 | 00:00:00.00 | 01:04:06.52 |
| 2.    | 151      | Benedikt Fißmer   | Jugend A | m   | mw1 Tri Team TG Lage | 01:05:29.22 | 00:00:00.00 | 00:00:00.00 | 01:05:29.22 |
| 3.    | 152      | Thilo Meier       | Jugend A | m   | mw1 Tri Team TG Lage | 01:09:06.96 | 00:00:00.00 | 00:00:00.00 | 01:09:06.96 |

## Junioren:



| Platz | StartNr. | Name        | AK       | m/w | Verein      | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-------------|----------|-----|-------------|-------------|-------------|-------------|-------------|
| 1.    | 196      | Peer Gebert | Junioren | m   | SSV Springe | 01:12:37.22 | 00:45:13.95 | 00:00:00.00 | 00:27:23.26 |

AK25:

| Platz | StartNr. | Name         | AK   | m/w | Verein | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|--------------|------|-----|--------|-------------|-------------|-------------|-------------|
| 1.    | 160      | Marco Albert | AK25 | m   |        | 01:04:18.12 | 00:42:51.34 | 00:00:00.00 | 00:21:26.77 |

AK30:

| Platz | StartNr. | Name               | AK   | m/w | Verein                | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|--------------------|------|-----|-----------------------|-------------|-------------|-------------|-------------|
| 1.    | 104      | Patrick Pollmeier  | AK30 | m   |                       | 01:05:31.97 | 00:00:00.00 | 00:00:00.00 | 01:05:31.97 |
| 2.    | 185      | Toni Thenhausen    | AK30 | m   | 1. Tri Club Paderborn | 01:08:45.60 | 00:00:00.00 | 00:00:00.00 | 01:08:45.60 |
| 3.    | 161      | Yannic Marquardt   | AK30 | m   |                       | 01:11:21.16 | 00:14:11.63 | 00:00:00.00 | 00:57:09.53 |
| 4.    | 157      | Marlon Hillmann    | AK30 | m   | TV Lemgo              | 01:13:33.13 | 00:00:00.00 | 00:00:00.00 | 01:13:33.13 |
| 5.    | 115      | Daniel Fritzemeier | AK30 | m   |                       | 01:20:04.36 | 00:00:00.00 | 00:00:00.00 | 01:20:04.36 |

AK35:

| Platz | StartNr. | Name                  | AK   | m/w | Verein                          | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-----------------------|------|-----|---------------------------------|-------------|-------------|-------------|-------------|
| 1.    | 195      | Björn Ender           | AK35 | m   | ESV Eintracht Hameln            | 00:58:43.97 | 00:09:09.18 | 00:30:26.06 | 00:19:08.72 |
| 2.    | 175      | Thorben Rein          | AK35 | m   | Tri-Sport-Team TV Verl          | 01:01:46.38 | 00:00:00.00 | 00:00:00.00 | 01:01:46.38 |
| 3.    | 194      | Steffen Schmelzle     | AK35 | m   | Tri-Team SSV Ettligen           | 01:03:26.99 | 00:10:23.46 | 00:00:00.00 | 00:53:03.52 |
| 4.    | 142      | Markus Winkelmann     | AK35 | m   | BSG Sparkasse Paderborn-Detmold | 01:05:12.67 | 00:00:00.00 | 00:00:00.00 | 01:05:12.67 |
| 5.    | 156      | Florian Altrogge      | AK35 | m   | Vamos Sport                     | 01:08:04.65 | 00:00:00.00 | 00:00:00.00 | 01:08:04.65 |
| 6.    | 140      | Martin Heitmann       | AK35 | m   |                                 | 01:11:12.91 | 00:00:00.00 | 00:00:00.00 | 01:11:12.91 |
| 7.    | 165      | Fabian Fechner        | AK35 | m   |                                 | 01:14:21.45 | 00:00:00.00 | 00:00:00.00 | 01:14:21.45 |
| 8.    | 176      | Boris Plumeyer-Köhler | AK35 | m   | SC Borchon                      | 01:14:42.32 | 00:14:32.50 | 00:36:02.65 | 00:24:07.16 |
| 9.    | 153      | Janis Katz            | AK35 | m   |                                 | 01:17:49.89 | 00:14:20.92 | 00:00:00.00 | 01:03:28.96 |
| 10.   | 127      | Darius Wanoth         | AK35 | m   | Teuto Runner                    | 01:22:00.70 | 00:00:00.00 | 00:00:00.00 | 01:22:00.70 |
| 11.   | 181      | Sebastian Austmann    | AK35 | m   | TSVE                            | 01:22:55.19 | 00:00:00.00 | 00:00:00.00 | 01:22:55.19 |
| 12.   | 191      | Timothy Lambert       | AK35 | m   |                                 | 01:28:51.31 | 00:00:00.00 | 00:00:00.00 | 01:28:51.31 |
| 13.   | 132      | Jan Philip Heinrich   | AK35 | m   |                                 | 01:57:35.81 | 00:00:00.00 | 00:00:00.00 | 01:57:35.81 |

AK40:

| Platz | StartNr. | Name            | AK   | m/w | Verein                  | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-----------------|------|-----|-------------------------|-------------|-------------|-------------|-------------|
| 1.    | 130      | Leonhard Fenske | AK40 | m   | RSV Gütersloh           | 01:01:05.35 | 00:00:00.00 | 00:00:00.00 | 01:01:05.35 |
| 2.    | 172      | Peter Pauls     | AK40 | m   | Buena Vista Fitnessclub | 01:01:48.36 | 00:00:00.00 | 00:00:00.00 | 01:01:48.36 |
| 3.    | 101      | Daniel Jürgens  | AK40 | m   | TV Einigkeit Langenberg | 01:03:52.05 | 00:00:00.00 | 00:00:00.00 | 01:03:52.05 |
| 4.    | 141      | Sebastian Raatz | AK40 | m   |                         | 01:04:03.29 | 00:43:16.38 | 00:00:00.00 | 00:20:46.91 |
| 5.    | 177      | Florian Bons    | AK40 | m   | Weserberglandrunners    | 01:04:53.66 | 00:00:00.00 | 00:00:00.00 | 01:04:53.66 |
| 6.    | 186      | Sven Goldstein  | AK40 | m   |                         | 01:09:56.46 | 00:13:56.99 | 00:00:00.00 | 00:55:59.47 |
| 7.    | 118      | Simon Strußmann | AK40 | m   | Team 4920               | 01:10:58.51 | 00:12:07.00 | 00:30:54.67 | 00:27:56.83 |
| 8.    | 179      | Daniel Immer    | AK40 | m   | TuS Lipperode           | 01:11:34.27 | 00:48:19.74 | 00:00:00.00 | 00:23:14.53 |
| 9.    | 189      | Tomasz Mryka    | AK40 | m   | Team Zoot Europe        | 01:18:10.07 | 00:13:52.12 | 00:36:57.19 | 00:27:20.75 |

AK45:

| Platz | StartNr. | Name              | AK   | m/w | Verein           | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-------------------|------|-----|------------------|-------------|-------------|-------------|-------------|
| 1.    | 106      | Clemens Coenen    | AK45 | m   | TV Lemgo         | 00:56:57.82 | 00:09:10.00 | 00:00:00.00 | 00:47:47.82 |
| 2.    | 182      | Kai Beinke        | AK45 | m   | TG Ennigloh      | 01:05:33.46 | 00:00:00.00 | 00:00:00.00 | 01:05:33.46 |
| 3.    | 138      | Markus Hellmann   | AK45 | m   |                  | 01:11:42.21 | 00:11:38.16 | 00:00:00.00 | 01:00:04.05 |
| 4.    | 139      | Björn Klusmann    | AK45 | m   |                  | 01:12:14.15 | 00:00:00.00 | 00:00:00.00 | 01:12:14.15 |
| 5.    | 126      | Guido Freitag     | AK45 | m   | Post TSV Detmold | 01:12:31.01 | 00:48:18.89 | 00:00:00.00 | 00:24:12.11 |
| 6.    | 192      | Mario Stolzenberg | AK45 | m   |                  | 01:14:17.96 | 00:51:24.91 | 00:00:00.00 | 00:22:53.04 |
| 7.    | 131      | Boris Römer       | AK45 | m   |                  | 01:17:40.29 | 00:00:00.00 | 00:00:00.00 | 01:17:40.29 |
| 8.    | 144      | Dennis Bessel     | AK45 | m   | SGE Exter        | 01:20:56.59 | 00:00:00.00 | 00:00:00.00 | 01:20:56.59 |
| 9.    | 197      | André Schenke     | AK45 | m   | TV Reelkirchen   | 01:24:01.30 | 00:14:47.21 | 00:00:00.00 | 01:09:14.08 |
| 10.   | 119      | Kay Lockstedt     | AK45 | m   |                  | 01:27:25.37 | 00:19:06.32 | 00:00:00.00 | 01:08:19.05 |
| 11.   | 114      | Kröger Matthias   | AK45 | m   | Tri&Beer         | 01:27:29.04 | 00:57:06.57 | 00:00:00.00 | 00:30:22.46 |

AK50:

| Platz | StartNr. | Name             | AK   | m/w | Verein                  | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|------------------|------|-----|-------------------------|-------------|-------------|-------------|-------------|
| 1.    | 102      | Udo Bergmeier    | AK50 | m   | TV Einigkeit Langenberg | 01:07:18.09 | 00:00:00.00 | 00:00:00.00 | 01:07:18.09 |
| 2.    | 145      | Jörn Führung     | AK50 | m   | TV lemgo                | 01:07:23.32 | 00:00:00.00 | 00:00:00.00 | 01:07:23.32 |
| 3.    | 148      | Ansgar Krawinkel | AK50 | m   | SSV Germania Wehrden eV | 01:09:20.53 | 00:13:43.88 | 00:00:00.00 | 00:55:36.65 |
| 4.    | 158      | Jan Rademaker    | AK50 | m   | 1. Tri Club Paderborn   | 01:10:24.61 | 00:13:49.04 | 00:32:33.99 | 00:24:01.57 |
| 5.    | 137      | Jan Franzen      | AK50 | m   |                         | 01:10:32.46 | 00:00:00.00 | 00:00:00.00 | 01:10:32.46 |
| 6.    | 123      | Christoph Martin | AK50 | m   | Team 4920               | 01:11:22.25 | 00:44:28.07 | 00:00:00.00 | 00:26:54.17 |
| 7.    | 159      | Abram Derksen    | AK50 | m   | VCAS                    | 01:12:47.78 | 00:00:00.00 | 00:00:00.00 | 01:12:47.78 |
| 8.    | 170      | Maik Kornalewski | AK50 | m   |                         | 01:13:05.39 | 00:00:00.00 | 00:00:00.00 | 01:13:05.39 |
| 9.    | 180      | Jason Coulthard  | AK50 | m   | LV Tri Star Oelde       | 01:14:25.95 | 00:13:13.51 | 00:34:40.80 | 00:26:31.62 |
| 10.   | 135      | Matthias Ripke   | AK50 | m   | ITri                    | 01:16:01.86 | 00:00:00.00 | 00:00:00.00 | 01:16:01.86 |
| 11.   | 113      | Jörg Brune       | AK50 | m   | eatmorebananas          | 01:17:11.03 | 00:00:00.00 | 00:00:00.00 | 01:17:11.03 |
| 12.   | 108      | Olaf Ohm         | AK50 | m   | RC Endspurt Herford     | 01:17:53.68 | 00:00:00.00 | 00:00:00.00 | 01:17:53.68 |

AK55:

| Platz | StartNr. | Name                | AK   | m/w | Verein                 | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|---------------------|------|-----|------------------------|-------------|-------------|-------------|-------------|
| 1.    | 168      | Peter Brandt        | AK55 | m   | Tri Sport Team TV Verl | 01:01:55.11 | 00:00:00.00 | 00:00:00.00 | 01:01:55.11 |
| 2.    | 166      | Jens Schönbohm      | AK55 | m   | RC Endspurt Herford    | 01:07:08.06 | 00:00:00.00 | 00:00:00.00 | 01:07:08.06 |
| 3.    | 155      | Andreas Pusch       | AK55 | m   | SSG Marienau           | 01:10:15.14 | 00:13:28.16 | 00:00:00.00 | 00:56:46.98 |
| 4.    | 146      | Bernhard Langerbein | AK55 | m   | Tri-As Hamm            | 01:10:29.77 | 00:11:49.66 | 00:00:00.00 | 00:58:40.11 |
| 5.    | 117      | Ingo Porath         | AK55 | m   | TuS Kachtenhausen      | 01:11:40.08 | 00:00:00.00 | 00:00:00.00 | 01:11:40.08 |
| 6.    | 122      | Dirk Astroth        | AK55 | m   | LG Oerlinghausen       | 01:14:39.03 | 00:00:00.00 | 00:00:00.00 | 01:14:39.03 |
| 7.    | 187      | Manfred Wittenbrock | AK55 | m   | Tri-Sport-Team TV Verl | 01:15:56.73 | 00:50:31.64 | 00:00:00.00 | 00:25:25.09 |
| 8.    | 167      | Hubertus Kleine     | AK55 | m   |                        | 01:17:17.34 | 00:00:00.00 | 00:00:00.00 | 01:17:17.34 |
| 9.    | 193      | Christian Schnier   | AK55 | m   | VFL Hiddesen           | 01:17:47.26 | 00:50:45.34 | 00:00:00.00 | 00:27:01.91 |
| 10.   | 169      | Guido Schneider     | AK55 | m   | ITC                    | 01:23:15.16 | 00:00:00.00 | 00:00:00.00 | 01:23:15.16 |
| 11.   | 120      | Axel Krämer         | AK55 | m   |                        | 01:25:43.28 | 00:15:19.97 | 00:39:24.14 | 00:30:59.15 |

AK60:

| Platz | StartNr. | Name                 | AK   | m/w | Verein                 | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|----------------------|------|-----|------------------------|-------------|-------------|-------------|-------------|
| 1.    | 107      | Wolfgang Klein       | AK60 | m   | Tri-Sport-Team TV Verl | 01:17:12.97 | 00:13:03.91 | 00:00:00.00 | 01:04:09.06 |
| 2.    | 133      | Eric van der Heijden | AK60 | m   | TSG Grünstadt          | 01:18:11.32 | 00:12:29.21 | 00:36:40.01 | 00:29:02.09 |
| 3.    | 105      | Franz-Josef Temme    | AK60 | m   | Erdinger Active Team   | 01:19:10.54 | 00:15:37.74 | 00:00:00.00 | 01:03:32.80 |

|    |     |                   |      |   |                        |             |             |             |             |
|----|-----|-------------------|------|---|------------------------|-------------|-------------|-------------|-------------|
| 4. | 188 | Ulrich Schumacher | AK60 | m | Tri-Sport-Team TV Verl | 01:19:33.83 | 00:00:00.00 | 00:00:00.00 | 01:19:33.83 |
| 5. | 164 | Frank Graf        | AK60 | m | LTC Berlin             | 01:25:28.56 | 00:17:34.12 | 00:37:21.60 | 00:30:32.82 |
| 6. | 190 | Rüdiger Ziervogel | AK60 | m | Tri Schlumpf Team      | 01:29:25.46 | 00:00:00.00 | 00:00:00.00 | 01:29:25.46 |

AK65:

| Platz | StartNr. | Name             | AK   | m/w | Verein                | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|------------------|------|-----|-----------------------|-------------|-------------|-------------|-------------|
| 1.    | 174      | Andreas Schuster | AK65 | m   | 1. Tri Club Paderborn | 01:09:15.58 | 00:00:00.00 | 00:00:00.00 | 01:09:15.58 |
| 2.    | 171      | Ralph Homeister  | AK65 | m   | SV Gladbeck 13        | 01:18:59.38 | 00:00:00.00 | 00:00:00.00 | 01:18:59.38 |
| 3.    | 124      | Jürgen Pleuler   | AK65 | m   | LG Oerlinghausen      | 01:31:58.35 | 00:00:00.00 | 00:00:00.00 | 01:31:58.35 |
| DSQ   | 128      | Ulrich Nikulla   | AK65 | m   | TSVE 1890 Bielefeld   | 01:08:48.39 | 00:00:00.00 | 00:00:00.00 | 01:08:48.39 |

AK70:

| Platz | StartNr. | Name          | AK   | m/w | Verein               | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|---------------|------|-----|----------------------|-------------|-------------|-------------|-------------|
| 1.    | 178      | Joachim Rubel | AK70 | m   | Erdinger Alkoholfrei | 01:21:29.88 | 00:00:00.00 | 00:00:00.00 | 01:21:29.88 |

Ergebnisliste Staffeltriathlon 0,5 - 20 - 5

| Platz | StartNr. | Name                  | AK      | m/w | Verein                 | Gesamt      | Swim        | Bike        | Run         |
|-------|----------|-----------------------|---------|-----|------------------------|-------------|-------------|-------------|-------------|
| 1.    | 244      | Merle Tovote          | Staffel | s   | EKG/MWG Sport LK       | 01:05:02.99 | 00:08:36.51 | 00:00:00.00 | 00:56:26.47 |
| 2.    | 222      | Kai Wallrabenstein    | Staffel | s   | FC Concordia Osnabrück | 01:05:55.42 | 00:00:00.00 | 00:00:00.00 | 01:05:55.42 |
| 3.    | 240      | Jannis Burzeja        | Staffel | s   | TV Lemgo               | 01:06:08.41 | 00:07:58.17 | 00:00:00.00 | 00:58:10.23 |
| 4.    | 236      | Nele Bertram          | Staffel | s   | TV Lemgo               | 01:13:19.63 | 00:00:00.00 | 00:00:00.00 | 01:13:19.63 |
| 5.    | 228      | Sebastian Scholtissek | Staffel | s   | DLRG Lemgo             | 01:17:14.23 | 00:00:00.00 | 00:00:00.00 | 01:17:14.23 |
| 6.    | 247      | Lars Friedreich       | Staffel | s   | TSV Niederelsungen     | 01:19:19.00 | 00:10:59.03 | 00:00:00.00 | 01:08:19.96 |